

Philipstown Recreation Department

WINTER 2019-2020



Philipstown Recreation Department

Mailing Address: PO Box 155, Cold Spring, NY 10516

Philipstown Community Center

Local Address: 107 Glenclyffe Drive, Garrison, NY 10524

Phone: 845.424.4618 or 845.424.4662

Fax: 845.424.4686

Website: www.philipstownrecreation.com

TOWN BOARD

Richard Shea, Supervisor

Robert Flaherty Michael Leonard

Judy Farrell* John Van Tassel

*Town Board Liaison to the Recreation Commission

RECREATION COMMISSION

Joel Conybear, Chairperson

Ben Cheah Bill Mazzuca

John Maasik Claudio Marzollo

Lydia McMahon

RECREATION DEPARTMENT

Amber Stickle Director of Recreation & Parks

Susan Richardson Recreation Supervisor

Karen Virgadamo Program Administrator

Tim Merante Building & Grounds Supervisor

Walter Guzman Parks & Facilities

PHILIPSTOWN DEPOT THEATRE

Amy Dul Managing Director

Nancy Swann Artistic Director

Julianne Endler Heckert House Manager

Karen Kapoor Youth Coordinator

TOWN OF PHILIPSTOWN PHONE DIRECTORY

<u>Department</u>	<u>Phone</u>
Town Supervisor's Office	(845) 265-5200
Town Clerk & Tax Collector	(845) 265-3329
Building Inspector	(845) 265-5202
Board of Assessors	(845) 265-5203
Court Clerk	(845) 265-2951
Highway Superintendent	(845) 265-3530
Putnam County Office of Aging	(845) 265-3359
Haldane Central Schools	(845) 265-9254
Garrison Union Free School	(845) 424-3689
Philipstown Depot Theatre	(845) 424-3900
Depot Theatre Reservations	(845) 424-3900
Town Annex	(845) 265-4402
F.I.S.H. Phone	(845) 424-4669
Continental Village	(845) 737-0341
Cold Spring Post Office	(845) 265-3486
Garrison Post Office	(845) 424-3695
Cold Spring/Garrison Chamber of Commerce	(845) 265-3200
Putnam County News & Recorder	(845) 265-2468

The **Town Board** meets at 8pm on the 1st Thursday of every month at Town Hall.

The **Recreation Commission** meets at 7:30pm on the last Tuesday of every month at the Community Center.

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WE HAVE A NEW REGISTRATION SYSTEM!!!

Philipstown Recreation has a new software program. Please go to PhilipstownRecreation.com and click on the Create New Account link to open your account and gain easier access to program registration. **Be sure to then add all the members of your household into the account.** We are asking all participants to set up accounts prior to registration day regardless of if they plan to utilize the online registration options. Even if you plan to register over the phone or in person, our new registration system will utilize your household account information.

REMINDERS:

***Payment is due prior to the start of each program.**

***For weather cancellations, please check www.philipstownrecreation.com or visit our Facebook page.**

*** Registration for all winter programs opens October 28th for Residents and November 4th for Non-Residents**

The Learning Center Preschool

at Philipstown Recreation

There is still space available for the 2019-2020 school year!

3 - 5 years old



Director: Caitlin Derry Lidestri

Assistants: Deirdre Knapp & Megan Philippi

Children can attend: 2 days (T & Th), 3 days (M, W, F) or 5 days (M-F)

A creative atmosphere which encourages positive and healthy development through exploration of art, movement, music and learning centers. Snack is provided. Children must be toilet trained and three years of age. Program runs 9-11:45am or 9-2:00pm. This is a ten month program running from September 2019 to June 2020. Students must be registered for the entire program.

Pease call 845.424.4618 to schedule a visit and for more information.

EARLY EDUCATION

INDOOR TOT PARK

Fee: \$1 per session (per family) or \$20 for 25

Start Date: On-Going

Days: T,Th,F: 9:00-11:00am, M-F: 12:00-1:30.

MUDBUNNIES CERAMICS

Ages: 3 - 5 years

See Page 13 for more information.

**REGISTRATION FOR ALL WINTER
PROGRAMS OPENS OCTOBER 28th
FOR RESIDENTS AND NOVEMBER 4th
FOR NON-RESIDENTS**

PRE-BALLET

Age: 3 - 5

Designed to be creative and fun. Children will develop coordination, strengthen basic motor skills, and learn how to count to music. Class work will include concepts of posture, creative movement, and an introduction to balletic terms. Sessions are 45 mins long. No 2/18 & 2/20.

Instructor: Mary Del Vecchio

Fee: \$85 Resident / \$100 Non-Resident

Location: Community Center Performance Space

Start Date: January 7 (8 weeks)

Day/Time: Tuesday, 4:15pm

Start Date: January 9 (8 weeks)

Day/Time: Thursday, 3:30pm or 4:15pm

YOUTH PROGRAMS

AFTER CARE & BEFORE CARE AT HALDANE

Before care starting at 7:15am. After care going until 6:15pm. Call 845-424-4618 for more information.

AFTERNOON ADVENTURE

Includes transportation from Haldane and Garrison School, and classes marked with an asterisk. Call 845-424-4618 for availability, pricing and more information.

AFTER SCHOOL CERAMICS

See page 13 for more information.

ART AROUND THE WORLD*

Grades: K-5

Let's travel to Asia, Africa, and my home country of Estonia and more. We'll explore the diversity around us through different art projects.

Instructor: Mae Lambing-Grunberg

Day: Tuesday

Time: 4:00-5:30pm

Location: Community Center Art Studio

Start Date: November 12 (5 weeks)

Fee: \$40 Resident / \$55 Non-Resident

BASIC DRAWING*

Grades K-5

We'll use simple exercises to learn what pencils, markers and crayons can do!

Instructor: Mae Lambing-Grunberg

Day: Wednesday

Time: 4:00-5:30pm

Location: Community Center Art Studio

Start Date: January 8 (8 weeks)

Fee: \$65 Resident / \$85 Non-Resident

BASIC PAINTING*

Grades K-5

Learn how to use a paintbrush to make beautiful works of art.

Instructor: Mae Lambing-Grunberg

Day: Thursday

Time: 4:00-5:30pm

Location: Community Center Art Studio

Start Date: January 2 (9 weeks)

Fee: \$75 Resident / \$90 Non-Resident

YOUTH PROGRAMS

BEGINNING BALLET FOR GRADES 2-3

Grades 2-3

This class focuses on ballet technique and will include exercises at the barre in order to acquire the “placement,” strength and balance necessary to execute the center work correctly. No 2/18.

Instructor: Mary Del Vecchio

Day: Tuesday

Time: 5:00-6:00pm

Location: Community Center Performance Space

Start Date: January 7 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

BEGINNING BALLET

Grades K-1

This class focuses on ballet technique and will include exercises at the barre in order to acquire the “placement,” strength and balance necessary to execute the center work correctly. 45 minute sessions. No 2/18 & 2/20.

Instructor: Mary Del Vecchio

Fee: \$85 Resident / \$100 Non-Resident

Location: Community Center Performance Space

Start Date: January 7 (8 weeks)

Day/Time: Tuesday, 3:30pm

Start Date: January 9 (8 weeks)

Day/Time: Thursday, 5:00pm

BUILDING BONANZA*

Grades K-5

Let your budding architect explore with a different project each week- we'll use different materials like legos, K'nex, PVC and even some recycled materials to design our buildings based around a weekly theme.

Instructor: Dennis Mazzuca

Day: Thursday

Time: 4:00-5:00pm

Location: Community Center Cafeteria

Start Date: February 6 (4 weeks)

Fee: \$30 Resident / \$45 Non-Resident

CIRCUIT CIRCUS*

Grades K-5

In this class we'll use our brains and imagination to explore the basics of simple circuits in creative ways to make things light up, buzz and more and learn a bit about electricity along the way! No 11/28.

Instructor: Frank Caccetta

Day: Thursday

Time: 4:00-5:00pm

Location: Community Center Cafeteria

Start Date: November 7 (5 weeks)

Fee: \$40 Resident / \$55 Non-Resident

CULINARY WORLD TOUR*

Grades: K-5

Tempt your taste buds with delicious dishes from around the globe. Each week we'll “visit” a different country and try our hand at preparing favorite recipes. No 2/18.

Instructor: Susan Richardson

Day: Tuesday

Time: 4:00-5:30pm

Location: Community Center Kitchen

Start Date: January 7 (7 weeks)

Fee: \$55 Resident / \$70 Non-Resident

HOLIDAY CRAFTS*

Grades K-5

Embrace the Fall and Winter spirit and create handmade ornaments to celebrate the season!

Instructor: Mae Lambing– Grunberg

Day: Monday

Time: 4:00-5:30pm

Location: Community Center Art Studio

Start Date: November 18 (4 weeks)

Fee: \$35 Resident / \$50 Non-Resident

**REGISTRATION FOR ALL WINTER
PROGRAMS OPENS OCTOBER 28th
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FOR NON-RESIDENTS**

YOUTH PROGRAMS

HOLIDAY GIFTS*

Grades K-5

Get into the spirit of the season and make some great projects as unique and special as the people you share them with! No 11/29 & 12/6.

Instructor: Susan Richardson
Day: Friday
Time: 4:00-5:30pm
Location: Community Center Cafeteria
Start Date: November 8 (4 weeks)
Fee: \$35 Resident / \$50 Non-Resident

HOLIDAY TREATS*

Grades K-5

Join us as we celebrate the season and make some tasty treats for the holidays.

Instructor: Susan Richardson
Day: Tuesday
Time: 4:00-5:30pm
Location: Community Center Kitchen
Start Date: November 12 (5 weeks)
Fee: \$40 Resident / \$55 Non-Resident

MULTIMEDIA ART*

Grades K-5

Come create seasonally inspired artwork using a variety of methods including gluing, cutting, drawing and painting among others. No 11/28.

Instructor: Mae Lambing-Grunberg
Day: Thursday
Time: 4:00-5:30pm
Location: Community Center Art Studio
Start Date: November 7 (5 weeks)
Fee: \$40 Resident / \$55 Non-Resident

**REGISTRATION FOR ALL WINTER
PROGRAMS OPENS OCTOBER 28th
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FOR NON-RESIDENTS**

OPEN ART STUDIO*

Grades K-5

Come with your own idea or come looking for inspiration. We will draw, paint, cut or sculpt our way to great pieces of art! No 1/20 & 2/17

Instructor: Mae Lambing-Grunberg
Day: Monday
Time: 4:00-5:30pm
Location: Community Center Art Studio
Start Date: January 6 (6 weeks)
Fee: \$55 Resident / \$70 Non-Resident

PAPER MACHE*

Grades K-5

Plan to get messy! Learn how to create beautiful sculptures using paper mache! NO 11/27,

Instructor: Mae Lambing-Grunberg
Day: Wednesday
Time: 4:00-5:30pm
Location: Community Center Art Studio
Start Date: November 13 (4 weeks)
Fee: \$35 Resident / \$50 Non-Resident

PLAYGROUND GAMES*

Grades K-5

Stay active and have fun no matter the weather. Each week we'll play a variety of playground games with the focus on having fun and making friends.

Instructor: Dennis Mazzuca & Frank Caccetta
Day: Monday
Time: 4:00-5:30pm
Location: Community Center Gym
Start Date: November 18 (4 weeks)
Fee: \$30 Resident / \$45 Non-Resident

SEW YOUR OWN PROJECT*

Grades: K-5

Bring your own idea (no clothing please) and we'll learn basic sewing and ironing skills while discussing, planning and turning your idea into a finished project. No 2/18.

Instructor: Mae Lambing-Grunberg
Day: Tuesday
Time: 4:00-5:30pm
Location: Community Center Art Studio
Start Date: January 7 (7 weeks)
Fee: \$55 Resident / \$70 Non-Resident

YOUTH PROGRAMS

STORY AND A SNACK*

Join us each week as we enjoy a treasured story and step inside the pages and prepare a story inspired treat!

Instructor: Susan Richardson

Day: Thursday

Time: 4:00-5:30pm

Location: Community Center Cafeteria

Start Date: January 2 (4 weeks)

Fee: \$30 Resident / \$45 Non-Resident

YOUTH THEATRE PRODUCTION*

Grades K-5

Explore the world of musical theatre by performing in a collaborative production with the Foot in Mouth Players. Show is TBD. Watch the website for more information. Dress Rehearsal 4/23. Shows April 4/24 at 7:30pm, April 25 at 7:30pm and April 26 at 3:00pm. No 3/20 & 4/10.

Instructor: Frank Caccetta

Day: Friday

Time: 4:00-5:30pm

Location: Community Center Cafeteria

Start Date: January 3 (14 weeks)

Fee: \$225 Resident / \$240 Non-Resident

Holiday Drop and Shop

Let us watch the kids while you get your shopping done

Sunday, December 15

12:00-6:00pm

Grades K and Up

\$10 per session / \$30 for all (first child)

Each additional child half price

Register for one or as many sessions as you wish. Minimum enrollment must be met for the program to run.

12:00-1:30: **Holiday Sweets:**

Make an assortment of yummy baked treats

1:30-3:00: **Fun and Games:**

Shake off your cabin fever with organized games and free play in the gym.

3:00-4:30: **Winter Crafts**

Create some holiday gifts and decorations to share.

4:30-6:00: **Dinner & Show**

We'll make our own meal to enjoy while watching a fun seasonal movie.

YOUTH/TEEN SPORTS

BASKETBALL SKILLS & DRILLS

Grades 3 - 8

Come each week and work on your basketball skills. Participants will take part in drills focusing on shooting, dribbling, passing and teamwork. End the night with scrimmages while testing your new skills. This is a drop in program, you do not need to pre-register.

Instructor: John Froats

Day: Monday

Time: 6:15-7:15pm

Location: Community Center Gym

Start Date: On-going

Fee: \$1 per night Residents / \$3 Non-Resident

INDOOR LACROSSE

Grades 1st-6th

A chance to work on your stick handling skills, game fundamentals and get ready for the spring. Equipment will be provided. Players need their own sticks. No 2/18.

Instructor: Pete Ruggiero & Nick Allen

Day: Tuesdays

Grades 1st-3rd: 6:00-7:00pm

Grades 4th-6th: 7:00-8:00pm

Location: Community Center Gym

Session I: November 12 (5 weeks)

Fee: \$38 Residents / \$53 Non-Residents

Session II: January 7 (8 weeks)

Fee: \$60 Resident / \$75 Non-Resident

YOUTH/TEEN SPORTS

LACROSSE OPEN GYM

Grades 7-12

A chance to work on your stick handling skills, game fundamentals and get ready for the spring.

Instructor: Pete Ruggiero & Nick Allen

Day: Tuesday

Times: 8:00-9:00pm

Location: Community Center Gym

Start Date: November 12

Fee: \$1 per night Residents / \$3 Non-Resident

CO-ED BASKETBALL

Grades 1 - 6

Grades 3-6 will start the season with a group practice from 9:00-11:00am on December 14 with Haldane Coach Joe Virgadamo and the Varsity Boys Basketball team. A team practice will be held on December 21: 9am for grades 3rd & 4th and 10am for grades 5 & 6. Games start on January 11.

Grades 1 & 2 will start on January 11 and have a short practice before their game each week.

There will be no registration taken after December 6th so register early! If you are interested in coaching a team please call 845-424-4618.

Director: Tom Virgadamo Sr.

Day: Saturday

Games Start: January 11 (8 weeks)

Location: Community Center Gym

Fee: \$75 Resident / \$90 Non-Resident

KNOCKAROUND FLOOR HOCKEY*

Grades K-5

This course is all about having fun and keeping active. This is not a clinic to work on skills, just a chance to enjoy the game and get some exercise now that winter's on the way..

Instructor: Frank Caccetta

Day: Wednesday

Time: 4:00-5:30pm

Location: Community Center Gymnasium

Start Date: January 8 (8 weeks)

Fee: \$50 Residents / \$65 Non-Residents

SPORTS SAMPLER*

Grades K-5

Participants will play a variety of indoor sports including basketball, kickball, volleyball, and more! A different sport will be featured each week. No 11/27, 1/20 & 2/17

Instructor: Frank Caccetta & Dennis Mazzuca

Time: 4-5:30pm

Location: Community Center Gym

Session I: Wednesday, November 13 (4 weeks)

Fee: \$30 Resident / \$45 Non-Resident

Session II: Monday, January 6 (6 weeks)

Fee: \$55 Residents / \$70 Non Residents

WINTER BOYS LACROSSE TEAM

Grades 5-6 & 7-8

Enhance your lacrosse skills and grow your love of the game in a competitive lacrosse league played at the largest indoor turf field in the northeast, the Hudson Valley Sports Dome. Format is 7 vs 7 with goalie. Registration includes 2 practices, 12 games & the Laxabunga tournament on February 23rd. Practices are TBA. Additional ages may be added at the coaches discretion. Maximum of 16 players per team.

Day: Fridays

Times: Games start between 6:00 & 8:00pm

Location: Hudson Valley Sports Dome, Milton

Start Date: December 6

Fee: \$190 Resident / \$205 Non-Resident

WINTER HIGH SCHOOL BOYS LACROSSE TEAM

Grades 9-12

Enhance your lacrosse skills and grow your love of the game in a competitive lacrosse league played at the largest indoor turf field in the northeast, the Hudson Valley Sports Dome. Format is 7 vs 7 with goalie. Registration includes 2 practices, 14 games & the Laxabunga tournament on February 23rd. Practices are TBA. Additional ages may be added at the coaches discretion. Maximum of 16 players per team.

Day: Mondays

Times: Games start between 6:00 & 8:00pm

Location: Hudson Valley Sports Dome, Milton

Start Date: November 25

Fee: \$190 Resident / \$205 Non-Resident

TEENS

BASIC DRAWING

Grades 6-8

Join me to develop and improve your drawing skills using charcoal, pencils, markers and more. Learn basic 3D shapes, light and shadow and move on to the basics of drawing human figures. No 11/28.

Instructor: Mae Lambing-Grunberg

Day: Thursday

Time: 6:00-7:30pm

Location: Community Center Art Studio

Start Date: November 7 (5 weeks)

Fee: \$45 Residents/\$60 Non-Residents

FOOT IN MOUTH PLAYERS

Ages 12 to 19

Come join our group of 12 to 19 year olds providing entertainment for the community and having a good time exploring all aspects of performing arts, including acting, script-writing, lighting, sound, set design, event planning & management, marketing & publicity.

Instructor: Frank Caccetta

Day: Friday

Times: 6:30-8:30pm

Location: Community Center

Start Date: Ongoing

PAINTING EXPLORATION

Grads 6-8

Explore new techniques in painting. Learn how by studying art history, you can improve your skills. We will study the masters and draw inspiration in creating our own unique pieces of art.

Instructor: Mae Lambing-Grunberg

Day: Thursday

Time: 6:00-7:30pm

Location: Community Center Art Studio

Start Date: January 2 (9 weeks)

Fee: \$75 Residents/\$90 Non-Residents

TEEN CERAMICS

See page 13 for more information.

WINTER BOYS LACROSSE TEAM

Grades 5-6 & 7-8

Enhance your lacrosse skills and grow your love of the game in a competitive lacrosse league played at the largest indoor turf field in the northeast, the Hudson Valley Sports Dome. Format is 7 vs 7 with goalie. Registration includes 2 practices, 12 games & the Laxabunga tournament on February 23rd. Practices are TBA. Additional ages may be added at the coaches discretion. Maximum of 16 players per team.

Day: Fridays

Times: Games start between 6:00 & 8:00pm

Location: Hudson Valley Sports Dome, Milton

Start Date: December 6

Fee: \$190 Resident / \$205 Non-Resident

WINTER HIGH SCHOOL BOYS LACROSSE TEAM

Grades 9-12

Enhance your lacrosse skills and grow your love of the game in a competitive lacrosse league played at the largest indoor turf field in the northeast, the Hudson Valley Sports Dome. Format is 7 vs 7 with goalie. Registration includes 2 practices, 14 games & the Laxabunga tournament on February 23rd. Practices are TBA. Additional ages may be added at the coaches discretion. Maximum of 16 players per team.

Day: Mondays

Times: Games start between 6:00 & 8:00pm

Location: Hudson Valley Sports Dome, Milton

Start Date: November 25

Fee: \$190 Resident / \$205 Non-Resident

Y.E.S - YOUTH EMPLOYMENT SERVICES

If you are 14 years of age or older and are interested in working part-time, we have requests from area employers for mowing, snow removal, and babysitting, as well as some fun positions with the Recreation Department. Please complete a registration form at the Recreation Office. Employers, please call if you need help. We do not negotiate salaries or provide transportation. This program is partially funded by the NY State Office of Children and Family Services.

TEEN EVENTS CALENDAR

11/2
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH VR CHALLENGE

\$5.00

Open gym, tournament room, game shows and more! Concessions available.

11/23
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH ESCAPE ROOM CHALLENGE

\$5.00

Open gym, tournament room, karaoke and more! Concessions available.

12/14
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH HOLIDAY CRAFTS & COOKIES

\$5.00

Open gym, tournament room, art projects and more! Concessions available.

1/11
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH LAZER TAG

\$5.00

Open gym, tournament room, game shows and more! Concessions available.

1/25

SNOW TUBING TRIP

Watch the website for more details

2/8
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH OPEN MIC

\$5.00

Open gym, tournament room, art projects and more! Concessions available.

2/22
7:00-10:00pm

GRADES 6-8: MIDDLE SCHOOL TEEN NIGHT WITH ICE SKATING**

\$5.00

Open gym, tournament room, game shows and more! Concessions available.

**Weather Permitting

A Day Out at the Movies!



FROZEN

II

Join us for a private showing. This event is open to Philipstown Residents only. You must be registered by November 22nd. Children must be accompanied by an adult. The concession stand will open at 10:30am.

November 27, 2019

11:00am

Regal Cinemas, Fishkill

\$3.00 per person

Register at www.philipstownrecreation.com
or call 845-424-4618

CERAMICS

Clay is the ancient, living, breathing earth and has the power to transform. This course is designed as a series of meditation exercises for grounding ourselves in clay and opening our eyes. Participants will learn the basic hand building techniques, such as pinch pots, coils, slabs, and sculpture. Previous experience not necessary.

Instructor: Diane Mary, Resident Potter

Location: Philipstown Clay Studio

HOLIDAY WORKSHOPS

Tuesday - Starting November 19 (3 weeks)

No class 11/26

Grades K-3: 3:45-5:45pm
\$90 Resident / \$105 Non-Resident

Wednesday - Starting November 20 (3 weeks)

No class 11/27

Mudbunnies (ages 3-5): 12:30-2:00pm
\$70 Resident / \$85 Non-Resident

Thursday - Starting November 21 (3 weeks)

No class 11/28

Grades 4-6: 3:30-5:30pm
\$90 Resident / \$105 Non-Resident

Teens (Grades 7-12): 6:00-8:00pm

\$90 Resident / \$105 Non-Resident

WINTER CLASSES

Tuesday - Starting January 7 (8 weeks)

No class 2/18

Grades K-3: 3:45-5:45
\$240 Resident / \$255 Non-Resident

Adults: 9:00am-12:00pm
\$360 Residents / \$375 Non-Residents

Adults: 6:00-9:00pm
\$360 Residents / \$375 Non-Residents

Wednesday - Starting January 8 (8 weeks)

No class 2/19

Mudbunnies (ages 3-5): 12:30-2:00pm
\$180 Resident / \$195 Non-Resident

Grades K-3: 3:45-5:45pm
\$240 Resident / \$255 Non-Resident

Thursday - Starting January 9 (8 weeks)

No class 2/20

Mudbunnies (ages 3-5): 12:30-2:00pm
\$180 Resident / \$195 Non-Resident

Grades 4-6: 3:30-5:30pm
\$240 Resident / \$255 Non-Resident

Teens (Grades 7-12): 6:00-8:30pm
\$300 Resident / \$325 Non-Resident

**REGISTRATION FOR ALL WINTER PROGRAMS OPENS OCTOBER 28th
FOR RESIDENTS AND NOVEMBER 4th FOR NON-RESIDENTS**

THEATRE

THE DEPOT'S YOUNG PLAYERS PRESENT: THE BULLY'S NEW CLOTHES

Grades K-3

The Emperor's New Clothes is the inspiration for this tale with a twist!

It's time for Tale Town's big dance and the school bully needs a new outfit. Some of the downtrodden students hatch a plan to show everyone that they don't have to be bullied anymore and that they can stand up and be themselves.

Participants will learn traditional and contemporary acting games and exercises to develop characters, dialogue and choreographed movement. The actors will help make props, set pieces and costumes to build a fun production!

Kalista is a long time theatre instructor, playwright, and actress and has enjoyed directing many Young Players productions at the Depot Theatre.

Dress rehearsal is April 4th at 10:00am. Performance will be Saturday, April 4 at 1:00pm. No 2/19,

Instructors: Kalista Parrish & Amy Dul

Day: Wednesdays

Time: 4:00-5:30pm

Location: Philipstown Depot Theatre

Start Date: January 22 (10 weeks)

Fee: 175 Resident, 190 Non Resident

YOUTH PLAYWRITINGS AT THE DEPOT

Grades 4-7

Participants will engage in acting games and writing prompts to energize their creative process. Students will write or co-write plays to be performed in a staged reading.

Nicole Chiverton recently earned her Master's degree in theatre and playwriting from Hunter College, and led the successful Summer Playwriting Festival last summer at the Depot.

Performance April 5 at 1:30pm. No 2/18.

Instructor: Nicole Chiverton & Amy Dul

Day: Tuesdays

Time: 4:00-6:00pm

Location: Philipstown Depot Theatre

Start Date: January 21 (10 weeks)

Fee: \$210 Resident / \$225 Non-Resident

MODERN DANCE AT THE DEPOT FOR ADULTS

At last! Lauren Hale Biniaris leads a modern dance class for all abilities, no experience required. Get those Wednesday morning bones down to the Depot and we'll have great fun moving around to great music.

Instructor: Lauren Biniaris

Day: Wednesday

Time: 10:45-11:45am

Location: Philipstown Depot Theatre

Start Date: January 22 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

**REGISTRATION FOR ALL WINTER PROGRAMS OPENS OCTOBER 28th
FOR RESIDENTS AND NOVEMBER 4th FOR NON-RESIDENTS**

THE PHILIPSTOWN DEPOT THEATRE PRESENTS

MEL BROOKS' YOUNG FRANKENSTEIN

BOOK BY: MEL BROOKS AND THOMAS MEEHAN
MUSIC AND LYRICS BY: MEL BROOKS





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The Musical

Book by
Thomas Meehan
& Bob Martin

Music by
Matthew Sklar

Lyrics by
Chad Beguelin

Based upon the New Line Cinema film written by David Berenbaum

Directed by Christine Bokhour

Saturday & Sunday,
December 7 & 8
and 14 & 15

SENIORS

COLOR YOUR WORLD PAINTING

Please register for only one date per month.

Instructor: Tania Dirks

Time: 4:00-5:15pm

Location: Philipstown Community Center

December: Tis the Season Special Workshop, we will be painting on a wood pallet plaque! Great as a gift or decor for your home!

Dates: Tuesday, Dec 10 or Thursday, Dec 12

January: Let's shine brightly together bringing the magic of light into the New Year and onto our canvas.

Dates: Tuesday, Jan 7 or Thursday, Jan 9

February: Won't you be my Valentine? This class will be all heART.

Dates: Tuesday, Feb. 11 or Thursday, Feb. 13

February: Miniature Madness! Let us make a big impression on a teeny tiny canvas!

Dates: Tues, March 10 or Thurs, March 12

CHAIR STRETCH, FLEX & STRENGTHEN

The class focuses on bringing mobility to the joints and strength to the muscles. We remain seated for the class so it is a great choice for those with movement and balance restrictions. By incorporating Pilates and a resistance band, participants are able to access their core strength to improve coordination, flexibility and tone. No 11/28.

Instructor: Kelly House

Day: Thursday

Time: 9:00-10:00am

Location: Continental Village Clubhouse

Session I: November 7 (6 weeks)

Session II: January 9 (8 weeks)

Fee: This class is free for Philipstown Residents over the age of 62. PLEASE CALL TO REGISTER

SENIOR LUNCHEON at the Community Center

Holiday: Wednesday, November 20, 12:00pm

Please register by November 15

FIT FOR LIFE

The use of light weights and gentle cardiovascular movements are combined to improve overall muscle tone and heart health. Participants will enjoy fun music while working in a group exercise atmosphere of support. No 1/20, 2/17 & 2/24.

Instructor: Cecily Hall

Day: Monday

Time: 11:00am-12:00pm

Session I: November 25 (4 weeks)

Session II: January 6 (6 weeks)

Location: Continental Village Club House

Fee: This class is free for Philipstown Residents over the age of 62. PLEASE CALL TO REGISTER.

KNIT & CROCHET GROUP

Day/Time: Tuesday, 12:00-2:00pm

Start Date: Ongoing through June

Location: Continental Village Club House

LINE DANCING

Join us for an hour of fun as you move and shake to some of your favorite dances.

Instructor: Betty Murphy

Day: Wednesdays, 2x each month

Time: 1:00pm

Dates: Nov 13, 27, Dec 11, Jan 8, 22, Feb 12, 26

Location: Continental Village Clubhouse

Fee: This class is free for Philipstown Residents

ZUMBA® GOLD

Zumba® Gold is the level of Zumba® that is for true beginners, active older adults, or anyone that would like to check out Zumba® but feels that for whatever reason they would like to ease into it. The easy routines alternate fast and slow rhythms, which in addition to providing a good cardio workout, tone the muscles, sharpen the mind – and put a smile on your face! No 11/28.

Instructor: Kelly House

Day: Thursday

Time: 10:00-11:00am

Location: Continental Village Clubhouse

Session I: November 7 (6 weeks)

Session II: January 9 (8 weeks)

SENIORS

TRIPS

DECEMBER: NEW YORK BOTANICAL GARDENS HOLIDAY TRAIN SHOW TOUR & LUNCH

Take a quick ride via Motorcoach down to the Bronx this season to tour the extremely popular Holiday Train Show at the New York Botanical Gardens! Guests will arrive to the Gardens and enjoy the grounds ahead of a private luncheon in the Terrace Room. Following lunch we will embark on a private tour of the train show and the grounds. *Bus departs from the Philipstown Community Center. Call or register online to reserve a spot.

Date: Tuesday, December 10

Time: Bus departs at 9:30am

Fee: \$71 Resident / \$86 Non-Resident

**REGISTRATION FOR ALL WINTER
PROGRAMS OPENS OCTOBER 28th
FOR RESIDENTS AND NOVEMBER 4th
FOR NON-RESIDENTS**

ADULT PROGRAMS

BALLET FOR ADULTS

The traditional ballet workout does indeed work. Classes focus on total fitness--body and mind. Each class will begin with a sequence of "barre" exercises followed by stretching/floor exercises and ending with "center" work. You will need socks or ballet slippers for barre work but ballet slippers are necessary (or bare feet) for "center" work. No 2/18 & 2/20.

Instructor: Mary Del Vecchio

Day: Tuesday or Thursday

Time: 6:00-7:30pm

Location: Community Center

Start Date: January 7 or 9 (10 Weeks)

Fee: \$130 Resident / \$145 Non-Resident

BASIC PILATES/BUFF BONES

Through her Basic Pilates class, Kelly is introducing students to Buff Bones®, a medically-endorsed system of movement for bone and joint health, which leverages bone-strengthening and balance techniques along with Pilates, functional movement, strength training and therapeutic exercise. Toning your arms, hips, back and abs, the program strives to improve posture is safe for those with osteoporosis. No 11/29.

Instructor: Kelly House

Location: Community Center Performance Room

Day: Friday

Time: 9:00-10:00am

Session I: November 15 (4 weeks)

Fee: \$45 Resident / \$60 Non-Resident

Session II: January 10 (6 weeks)

Fee: \$65 Residents / \$80 Non-Residents

ADULT PROGRAMS

CERAMICS FOR ADULTS

SEE PAGE 13 FOR MORE INFORMATION.

INTERMEDIATE PILATES

This program will delve a little further into the exercises, and intensity will be increased for more advanced individuals. Walk-ins are welcome at a \$14 per class fee if minimum registration is met to run the class. No 1/20 & 2/17.

Instructor: Kelly House
Location: Community Center Performance Room
Day: Monday
Time: 9:00-10:00am
Session I: December 2 (3 weeks)
Fee: \$35 Residents / \$50 Non-Residents
Session II: January 6 (6 weeks)
Fee: \$65 Resident / \$80 Non-Resident

MEN'S BASKETBALL (18 years +)

Philipstown residents only, valid photo ID required. Must be 21 or older. All players must purchase a punch card for 10 nights (\$30) at the Recreation Department. Cards will also be for sale Monday Night.

Day: Monday
Time: 7:30-9:30pm
Location: Community Center Gym
Start Date: Ongoing
Fee: \$30 for 10 night (punch card)

MODERN DANCE AT THE DEPOT FOR ADULTS

At last! Lauren Hale Biniaris leads a modern dance class for all abilities, no experience required. Get those Wednesday morning bones down to the Depot and we'll have great fun moving around to great music.

Instructor: Lauren Biniaris
Day: Wednesday
Time: 10:45-11:45am
Location: Philipstown Depot Theatre
Start Date: January 22 (8 weeks)
Fee: \$85 Resident / \$100 Non-Resident

POWER HOUR EXERCISE CLASS FOR WOMEN

Join us for an hour filled with high impact cardiovascular and muscular training and endurance exercises. Burn fat and build muscle tone with a total body workout. Bring your own hand weights, towel, mat and water bottle. This class is for women only. No 11/27, 1/20, 2/17, 2/24.

Instructor: Cecily Hall
Location: Community Center Gymnasium

Session I

Day: Monday
Time: 9:30-10:30am
Start Date: December 2 (3 weeks)

Day: Wednesday
Time: 9:30-10:30am
Start Date: November 20 (3 weeks)

Fee: \$30 (M), \$30 (W) or \$52 two days - Res.
\$45 (M), \$45 (W) or \$67 two days -Non Res

Session II

Day: Monday
Time: 9:30-10:30am
Start Date: January 6 (6 weeks)

Day: Wednesday
Time: 9:30-10:30am
Start Date: January 8 (8 weeks)

Fee: \$60 (M), \$80 (W) or \$122 two days - Res.
\$75 (M), \$95 (W) or \$137 two days -Non Res

YAMUNA BODY ROLLING

Yamuna Body Rolling is a body sustainability class. Utilizing balls of different sizes, students will perform a series of routines to organize the body. The balls start ultimately impact the bones and continue to tendons and then muscles to correctly align your body, elongate muscles and maximize performance. The process is a healing one, and it is also preventative in caring for your body. Walk-ins are welcome at \$14 fee per class if minimum registration is met. No 1/20.

Instructor: Judith Marx
Day: Monday
Time: 10:30-11:30am
Location: Community Center Performance Space
Session I: November 25 (4 weeks)
Fee: \$45 Resident / \$60 Non-Resident
Session II: January 6 (4 weeks)
Fee: \$45 Residents / \$60 Non-Resident

ADULT PROGRAMS

YOGA WITH LAUREN BINIARIES

This yoga class provides light hearted instruction in breathing techniques, alignment and body awareness in a friendly, community atmosphere. This is a beginning level class appropriate for those who are new to yoga, returning to a practice or those with a beginner's mind. Those with injuries or physical limitations will be assisted in finding safe and comfortable adaptations. The emphasis is on Basic Floor poses, along with some standing poses and final relaxation; this is not a power or Vinyasa class. Yoga offers the opportunity to learn to better manage stress, improve concentration, flexibility and balance. Walk-ins are welcome at a rate of \$14 per class if minimum registration has been met to run the class. No 2/18

Instructor: Lauren Biniaries

Day: Tuesday

Time: 9:30-10:30am

Location: Community Center Performance Space

Session I: November 26 (3 weeks)

Fee: \$35 Resident / \$50 Non-Resident

Session II: January 7 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

YOGA WITH KATHY BARNES

What separates yoga from "exercising" is the focus on integrating the body and mind. Regular practice develops heightened physical and mental awareness, brings about beneficial changes to our bodies and helps create a sense of well-being. It allows us to shift away from unhealthy patterns and habits and helps to prevent future problems as well. Walk-ins are welcome at a \$14 fee per class if minimum registration is met to run the class. Kathy's class emphasizes proper alignment of the body, building strength and flexibility of the muscles and joints, and the integration of the healing powers of the breath. No 1/20 & 2/17.

Instructor: Kathy Barnes, CYT

Day: Monday

Time: 7:30-8:45pm

Location: Old VFW Hall, Cold Spring

Session I: December 2 (3 weeks)

Fee: \$35 Resident / \$50 Non-Resident

Session II: January 6 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

VOLLEYBALL (18 years +)

Instructor: Gloria McVey

Day/Time: Thursday, 7:30-9:30pm

Day/Time: Sunday, 6:00-8:00pm

Location: Community Center Gym

Start Date: Ongoing

Fee: \$3 per night Residents/\$5 Non-Residents

WRITE YOUR WORLD

Everyone has stories to tell, whether or not they stem from imagination or memory. Have you always wanted to write but think you're not a writer? Need encouragement to move past a block? Want to hone your craft? Interested in personal memoir? This is the workshop for you, whether you're a beginner or an experienced writer. Susan Wallach provides a safe atmosphere, using prompts to spark your creative voice. **** All writing done in the workshop.** No 11/20, 11/27.

Instructor: Susan Wallach

Day: Wednesday

Time: 10:00am-12:00pm

Location: Philipstown Community Center

Session I: November 6 (4 weeks)

Fee: \$65 Resident / \$80 Non-Resident

Session II: January 8 (6 weeks)

Fee: \$95 Resident / \$110 Non-Resident

ZUMBA®

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Walk-ins are welcome at a \$14 fee per class if minimum registration is met to run the class. No 11/28.

Instructor: Anabel Sakal

Day: Thursday

Time: 1:30-2:30pm

Location: Philipstown Community Center

Session I: November 14 (4 weeks)

Fee: \$45 Resident / \$60 Non-Resident

Session II: January 9 (8 weeks)

Fee: \$85 Resident / \$100 Non-Resident

IMPORTANT DEPARTMENT INFORMATION

OFFICE HOURS: M - F, 8:30am - 4:00pm
PHONE: (845)424-4618 or 424-4662

website: www.philipstownrecreation.com
FAX: (845)424-4686

The Philipstown Recreation Commission reserves the right to change or cancel programs. The Commission reserves the right to deny entry into, or remove any participant from any program due to disciplinary problems, or to avoid creating a staffing hardship which is beyond reasonable expectations of the PRD. We reserve the right to photograph, video or record any Recreation program and use for future promotions. The Town is not responsible for typographical errors.

PROGRAM INFORMATION

Seasonal brochures are inserted in the paper 4 times during the year. Program brochures and flyers are also available at the Department Office and Town Hall.

REGISTRATION

No one may participate in any program unless they are pre-registered. Incomplete or inaccurate forms may be returned. Remember.. all our programs have limited registration. Be sure to register as soon as possible. All registrations are on a first come first serve basis. There is a \$15.00 late registration fee for all programs with a registration deadline. PLEASE NOTE: ALL OUTSTANDING BILLS MUST BE PAID BEFORE PARTICIPATION IN NEW PROGRAMS.

PAYMENT INFORMATION

- Methods: We accept payments by cash, check Mastercard, Visa or Discover.
- Payment Plan: A payment plan is available to resident families. We also offer a sliding scale fee, based on income tax returns. Please call the Recreation Department. Requests are kept confidential.
- Walk-In: It is suggested that you register in person for all programs at the Recreation Office
- Phone-In: You may register by phone. Payment must be received 2 weeks before program starts. If payment is not received by the due date there is no guarantee for admittance into a program.
- Mail-In: Completed registration forms together with appropriate fees will be accepted by mail, unless program specifies otherwise. Space in any program cannot be guaranteed. No registration confirmation is sent. Your cancelled check is your receipt.
- Online: Visit www.philipstownrecreation.com.
- Non-Resident: There is an additional fee for non-residents in all programs. Call office for details.

PARENTS RESPONSIBILITY

Programs and sports are for registrants and team members only. Do not allow your children to "hang out" at practices or programs where they are not registered. Recreation and /or School staff will not be responsible for extra people. Parents must be responsible to know when a program begins and ends. It is unfair to drop off children early or pick them up late, to and from any program.

CANCELLATIONS

Listen to WHUD 100.7 for cancellations or other emergencies. Please do not call the radio station. Cancellations will also be posted on www.philipstownrecreation.com. We must plan in advance to create our programs, which includes scheduling staff and facilities, and purchasing necessary supplies. Please register early to avoid canceling a program.

REFUND / CREDIT

Refunds will be issued to all registrants in case of program cancellation by the Recreation Department. Refunds, at registrant's request, may be made up to one week prior to the start of the program. Participants may be offered a pro-rated credit towards future recreation fees if a documented medical problem prevents completion of a program. All department credits must be used within a year of date issued. No refunds for ticket purchases for any trips, events or theatre productions. There is a 15% administrative fee for all refunds and withdrawals issued less than one week prior to the start of the program. Once the program has begun, there are no refunds except for documented medical reason.

RETURNED CHECKS

There is a charge of \$30 for any check returned, regardless of the amount of the check. Checks cannot be redeposited.

INSURANCE

The Town's insurance plan is in excess of all other valid and collectable individual or group accident and/or health insurance in force at the time of an accident. You must submit all bills to your own insurance first, and then the Town policy will pick-up the unpaid balances up to the limits of the policy less deductible.

DIRECTIONS



CLAUDIO MARZOLLO COMMUNITY CENTER OF PHILIPSTOWN

107 GLENCLYFFE DRIVE, GARRISON:

Go south at the traffic light at the intersection of 9D and Route 403. Turn into the second driveway on the right (Glenclyffe Drive), a short distance after the Highlands Country Club entrance. Follow Glenclyffe Drive and make your first left. Go past the fields and into the parking lot . **We ask that you please drive slowly on the grounds of the Community Center and the Garrison Institute in consideration of all who use this property.**

OLD VFW HALL, KEMBLE AVENUE, COLD SPRING:

The Old VFW Hall, is located on Kemble Avenue in the heart of Cold Spring Village. Head down Main Street toward the river, and make a left hand turn onto Rock Street. Follow Rock Street to Kemble Avenue and make a right hand turn. The building is on the left hand side of the street. Park across the street around the fenced-in field.

PHILIPSTOWN PARK:

The Town Park is located on Route 9D, in Garrison. There is ample parking available, except during Soccer and Lacrosse seasons, due to the popularity of these programs. When parking is at a premium, please park as close to the neighboring cars as possible and be aware that there are many other program participants trying to find a space.

PHILIPSTOWN DEPOT THEATRE:

From Route 9D in Garrison, take either Upper Station Road or Lower Station Road down the hill to Garrison's Landing. At the bottom of the hill, park in either Metro North Parking Lot (free on weekends and evenings). The Theatre is in the old train station on the West (river) side of the tracks. The smaller, northern lot is the closest parking lot and has an underpass to the theatre. If you come by train, get off at Garrison Station, take the overpass to the river side of the tracks and walk north to the old train station.

CONTINENTAL VILLAGE CLUBHOUSE:

Traveling on Route 9 South towards Peekskill, turn onto Winston Lane, the road immediately south of the Stadium Restaurant. Stay right on Winston Lane to a right-hand turn on Ox Yoke Road. This takes you to the Clubhouse.

